

Sample email for recruiting participants



Peace Arch Hospital Auxiliary Society is having a virtual Bunny Hop. It is an opportunity for the neighbours in South Surrey/White Rock to have some fun while raising funds for the Peace Arch Hospital Auxiliary Society. Funds raised will be going towards our annual purchase of medical equipment for the hospital.

Because the Bunny hop is a virtual Event, everyone will exercise in their own space. You can choose to hop on your bike, go for a walk or a run or do some other form of exercise.

Your activity can be anywhere! Treadmill, trails, road or field.

You simply go to our website and click on Bunny Hop. You can sign up as an individual or as a team or you can join an existing team. When you sign up, a page is created for you through our secure CanadaHelps web page. You or your team can challenge other teams. Ask your friends to sponsor you and make a donation on your page.

There will be participant packages, including your medal, to be picked up at a drive through in the parking lot of the White Rock Center for Active Living.

Bring the kids to pick up packages - **Korki Clown and Mr Bubbles** will be in attendance.

Prizes will be given for

- Most money raised by a team
- Most money raised by an individual
- Best team name
- Best costume photo posted online with [#pahasbunnyhop](#)